## **Sermon Notes**

March 20, 2016 Pastor Rick Holman



## Self-Control | Galatians 5:23

But the fruit of the	Spirit is <b>self-control</b>		
	- Galatians 5:23 <sup>ESV</sup>		
	to		
the a	bility to say "no" to our	base desires and flesh	ly lusts
Without self-contro	ol (on your own):		
1.			
2.			
3.			
4.			
With self-control (t	hrough the Holy Spirit):		
1.			
2.			
3.			
4.			
Take Home — "Ol	d Becomes New" (2 Cor	inthians 5:17)	
	m	y sinful natures by the	Spirit of God so
i	is most vividly		_in

His divine power has given us everything we need for a godly life through our knowledge of Him who called us by His own glory and goodness.

- 1 Peter 1:3<sup>NIV</sup>